### Russia, Udmurtia / mountain running DEBYESY 2012

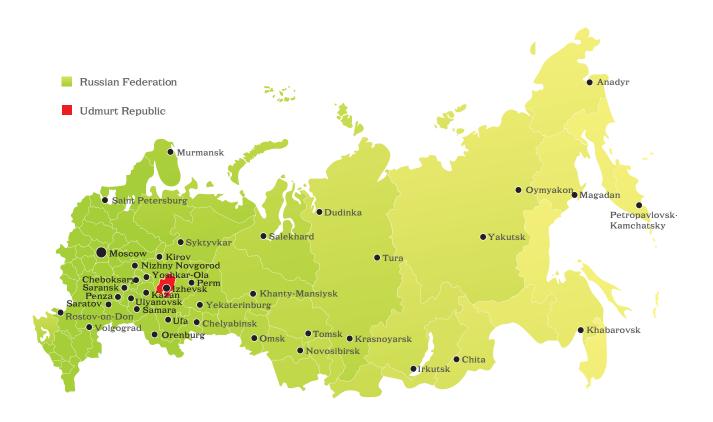


Open Championship and Championship junior of Udmurt Republic
International competition among boys and girls in a relay race

# Contents

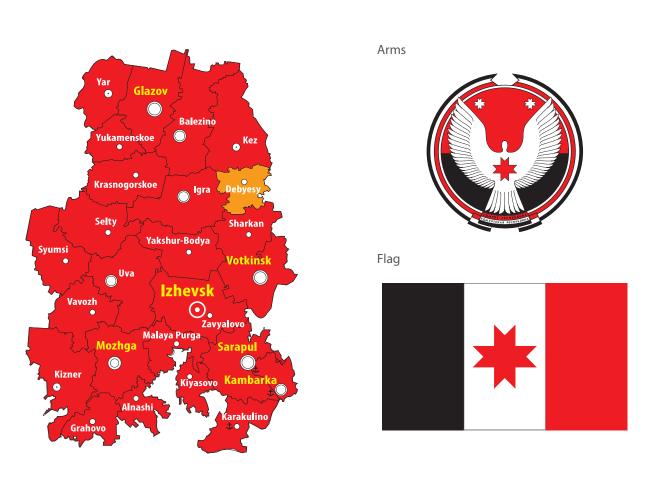
Official Republic Of Udmurtiya	3
General information	4-5
Organizational structure	6
1. Organizers	
2. Organization of conducting competitions	
3. Harmonization International competition	
4. International competitions	
5. Responsible for conducting the International competition	
Rules of conduct	7
Transport	8
1. Air Transport	
2. Rail transport	
Visa support	8
Conditions for the admission of participants	8-9
Competition trail	10-11
1. Course map	
2. Vertical profile	
Accommodation of participants	12
1. Hotel ski	
2. Hostel art school G. Korepanova-Kamsky	
3. The Hotel «Shibanov»	
Venue	13
Safety and health	13

# Official Republic Of Udmurtiya



### **Administrative divisions**

### Official symbols



### General information

The district center of the municipality of the Udmurt Republic "Debyesskij district" – the village of Debyesy. It is located in the North-East of Udmurtia, 145 km from the capital – the city of Izhevsk and 28 km from the railway station "Kez" Gorky railway. Izhevsk is located at 1100 km from Moscow. The population of the district is 13699. The Debyesa has a population of about 6390.

The village is located on the banks of the Cheptsa River, which empties into the River Vyatka. In the Debesy intersect North and South branches of the Siberian tract – the main roads of Russia in the 18th century that linked Moscow and Saint Petersburg from Ural and Siberian cities – Perm, Tomsk, Ekaterinburg, Omsk, Tobol'sk, etc. in the 80s of the 20th century in Debesah created and operates the Museum of the history of the Siberian tract, protected and open to the public section of the old Siberian tract.

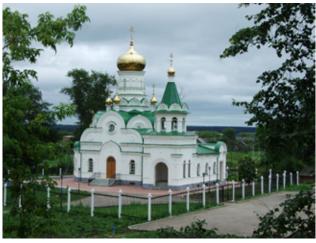
Nature is determined by the proximity of the Ural mountain range and the Kama River basin. The territory of the district is hilly, partly



Site of the Siberian tract



Kind on the river Cheptsa from mountain Bajgurez



Holy Trinity Church in the Centre of s. Debyesy

covered with predominantly coniferous forest, many springs and small rivers. The climate is continental, with distinct characteristics of all seasons. Summer daytime temperatures up to + 35 ° C - winter: -30-40°C. Warm period with stable positive temperature from May to September inclusive.

The residents are agriculture and animal husbandry, primary lesopererabotkoj. In recent years, actively develops oil largely influenced and rural development – it has become the industrial look of the locality.



Mountain Bajgurez



Ceremonial prayers on a grief Bajgurez



Monument on a grief Galancha

# Organizational structure

### 1. Organizers:

### - Ministry of physical culture, sport and tourism of the Udmurt Republic

Minister Igor Vasilyevich Krasnov, phone (3412) 52-55-31

Deputy Minister Valery Nikolaevich Musalimov

Phone (3412) 50-10-55, 8-912-854-79-88

Sports Development Director Valery Yurevich Suncov

Phone (3412) 50-13-22, 8-912-448-56-94, e-mail: svsportur@yandex.ru

### - Athletics Federation of the Udmurt Republic

President Yuri Alekseevich Tyurin, phone 8-912-85-66-100

### 2. Organization of conducting competitions

Direct activities rests with the Administration of municipal formation «Debyesskij district»

Head – Aleksandr Leonidovich Gluhov

Phone (34151) 2-14-38

Head of Administration Vladimir Anatolyevich Chernov

Phone (34151) 2-21-50, Fax (34151) 2-14-38

e-mail: deb-odm@udmnet.ru, http://www. debesy.udmurt.ru

Head of the Department on youth policy, physical education and sports, Andrey Knyazev, Phone 8-912-745-19-76

Chief Judge competitions Nikolay Petrovich Khokhryakov, Phone 8-904-838-86-13

### 3. Harmonization International competition

Hold international competitions in Debesy the Udmurt Republic The Udmurt Republic agreed:

with the President of the Udmurt Republic Alexander Alexandrovich Volkov

Phone in the reception of the Presidential Administration (3412) 49-70-10,

with the leadership of the Russian Athletics Federation (VFLA)

President Valentin Vasilyevich Balahničev, phone (495) 637-94-20,

with the Committee of the mountain races VFLA

Head Boris Yakovlevich Vâzner, e-mail: vyzner@rambler.ru

### 4. Responsible for carrying out of competitions 12 – 13 August 2011 in Debyesy:

Head of the Department on youth policy, physical education and sports, Andrey Knyazev, Phone 8-912-745-19-76

Chief Judge competitions Nikolay Petrovich Khokhryakov, Phone 8-904-838-86-13

### Rules of conduct

### August, 17, Friday (day of arrival)

10.00–17.30 – registration of participants (regional House of culture), accommodation

18.00 – meeting with representatives of the teams and coaches (regional House of culture)

19.00 – creative collective concert (regional House of culture)

### August, 18, Saturday

9.00–10.30 – registration of participants at the venues (Mount Galanča, "Karasmeška")

10.30 – the opening ceremony

### The Open Championship junior of Udmurt Republic (UR)

11.00 – girls born in 1999 and younger, distance – 1 km

11.10 – boys born in 1999 and younger, distance – 1 km

11.20 – girls born 1997-1998, the distance is 2 km

11.40 – boys born 1997-1998, the distance is 2 km

### International competition among boys and girls in 1994-1995 in a relay race

12.00 – girls born in the 1995-1996: 3 person relay to 2 km

12.45 – boys born in 1995-1996: 3 person relay on the 3 km

14.45 – winners and runners-up (starting town)

### The Open Championship and Championship junior, juniors and young people

14.15 – Juniors born 1994, 1993 – the distance is 4 km

14. 40 – Juniors born 1994, 1993 - distance – 6 km

15.10 – women born in 1990-1992, born in 1989 and over the distance – 8 km

15.10 – women 40, 45, 50, 55, 59 years, the distance is 4 km

15.10 – women 60, 65, 70 years and older, the distance is 2 km

16.00 – men born in 1990-1992, born in 1989 and over the distance-12 km

16.00 – men 40, 45, 50, 55, 59 years, the distance is 4 km

16.00 – men 60, 65, 70 years and older, the distance is 2 km

Rewarding – age through 30 mines aft er the finish of the last participants.

19.00 – dinner for representatives of the teams and coaches (central dining room)

20.00 – disco for athletes (the square in front of the regional House of culture)

### **August, 19, Sunday** (day of departure)

Introduction to the sights of c. Debyesy:

10.00 – Museum of the history of the Siberian tract

12.00 - Home crafts

14.00 – Monument – mountain «Bajgurez»

### **Transport**

### 1. Air Transport

Flight from Moscow in Izhevsk and Kazan in Izhevsk

IZA 3302 Moscow – Izhevsk	10:00, August, 12	12:00, August, 12	2 h.
YAK-42 «Izhavia»	«Domodedovo»	«Izhevsk»	
IZA 3304 Moscow – Izhevsk	19:55	22:00, August, 12	2 h. 5 min.
YAK-42 «Izhavia»	«Domodedovo»	«Izhevsk»	
IZA 3342 Moscow – Izhevsk	21:40	23:30	1 h. 50 min.
TU-134 «Izhavia»	«Domodedovo»	«Izhevsk»	

Fare - from 5000 rub.

From the town of Izhevsk in Debësy run scheduled bus.

Departure time: в 9.30; 12.45; 13.30; 15.00; 16.00.

The ticket costs 300 rubles.

#### 2. Rail transport

The preferred version of the move by rail: Moscow – station «Kez».

3404 Moscow – Chita	13:35, August ,11	12:00, August , 12	21 h. 35 min.
train	Yaroslavsky station	station «Kez»	
008Я Moscow – Ekaterinburg	14:50	10:42	19 h. 52 min.
train	Yaroslavsky station	station «Kez»	
050E Moscow – Nizhniy Tagil	20:05	15:01	18 h. 56 min.
train	Yaroslavsky station	station «Kez»	

The cost of the ticket coupe from 1950 up to 3800 rub. (depending on the train).

From the station «Kez» in the village of Debyesy (28 km) run scheduled bus.

Departure time: 6.00; 8.35; 10.00; 12.50; 17.10; 14.00 (Sat/Sun); 16.00 (Sat/Sun).

The ticket costs 60 rub.

Also operates a private taxi.

#### 3. From Kazan in Izhevsk on car from organizing Committee.

### Visa support

VFLA is visa support.

# Conditions for the admission of participants

Competition organizing Committee (LOC) provides accommodation and meals for 6 (six) competitors of official team and one (1) of the trainer in between 17 August (arrival date) on 19 August (departure date). Services are provided exclusively to persons specified in the application form on WMRA (form 1 and form 2 are). Organizing competitions accepting submissions until 10 August 2012, fax: (3412) 50-13-44 or (34151) 2-14-38, as well on e-mail: <a href="mailto:deb-odm@udmnet.ru">deb-odm@udmnet.ru</a> or <a href="mailto:minsport18@minsport18.ru">minsport18@minsport18.ru</a> Other delegation members pay for their own account in accordance with rates at hotels (prices are indicated in the section "Accommodation").

### **FINAL ENTRY FORM**

# The Open Championship and the League of the Udmurt Republic among young girls and boys in mountain run and International competition among boys and girls born in 1995-1996 in a relay race

fax 341-2-50-13-44 or 341-51-2-14-38 e-mail: deb-odm@udmnet.ru or minsport18@minsport18.ru

### to be sent to the LOC before 10 August 2012

Coun									
Name	e of Fe	eder							
Tel.:			Fax:			e-mail:			
Deleg	gation	1 - C	our delegation v	will be comp	osed	of:			
				Female		M	ale	T	OTAL
$\Rightarrow$	> Atl	hlet	es						
	> Te	am	Officials						
=	> TO	TAL							
Interr	nation	nal tra	ansport – arrival to:						
No.of persons Date: tim		•			Remarks				
Interr	nation	nal tra	ansport – departure	e from:					
No.o	f pers	ons	Date: time	e: Flight/trai	n No.			Remarks	
_							_		
Team	colo	ırs:	Ve	est:			Shorts:		
									Form :
List o	f Ath	lete	s – Girls						
(3 girl	s bor	n 19	95/96 per team;)						
			Family name		First r	name			YOB
Team	١	1							
		2							
		3							
List o	f Ath	lete	s – Boys						_
			995/96 per team;)						
	Family name		First r	name			YOB		
Team	1	1							
		2							
		3							
List o	f Tea		fficials and other	athletes and o	coache	S			
		m O	fficials and other		coache	s			
	more	m O tha	n 1 official on the	costs)	coache		Position	in the tea	m
	more	m O tha			coache	s F/M	Position	in the tea	m
	more	m O tha	n 1 official on the	costs)	coache		Position	in the tea	m
( not	Fam	m O tha	n 1 official on the	costs)	coache		Position	in the tea	m
( not )  Date:	Fam	m O tha	n 1 official on the	costs)	coache		Position	in the tea	m
( not )  Date:	Fam	m O thai	n 1 official on the diame	costs)	coache		Position	in the tea	m
( not )  Date:	Fam	m O thai	n 1 official on the	costs)	coache		Position	in the tea	m

# Competition trail

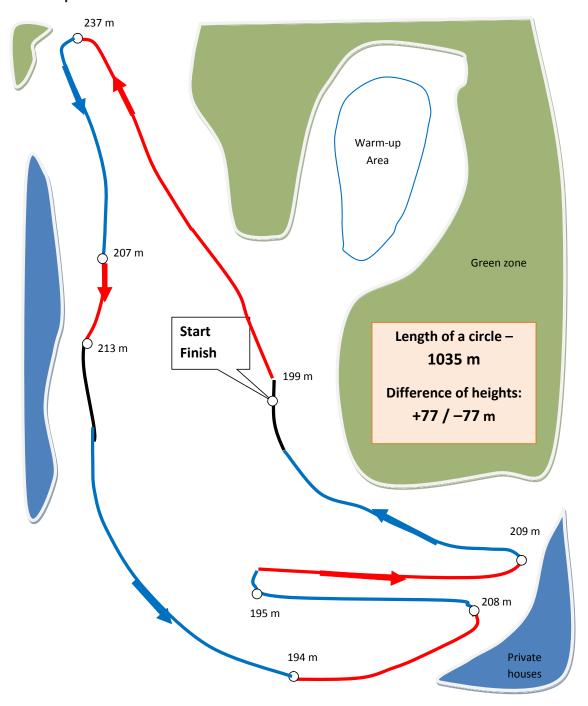
**Location:** the Udmurt Republic, the village of Debyesy, Mount Galanča, "Karasmeška".







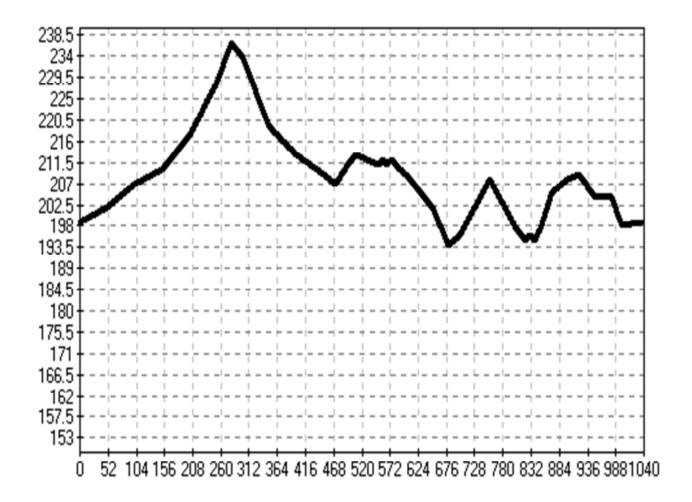
### 1. Course map



### 2. Vertical profile



Start Glade Recovery 1 Recovery 2





the descent 2 the descent 3 the descent 4

# Accommodation of participants

#### 1. Hotel ski

Located 300 m from venues (address: st. Spring, 2).

Phone Administration 8-912-455-42-43.

Price: 500 rub. for one person per day.





### 2. Hostel art school. G. Korepanova-Kamsky

Located in the center of c. Debyesy, 2 km from the venue of the competition.

Phone Administration: (34151) 2-11-81. Price: 300 rub. for one person per day.





### 3. Hotel «Shibanov»

Located 1 km from the venue of the competition (at the entrance in Debyesy)

Phone Administration: 8-950-150-22-86.

Price: 500 rub. for one person per day.



### Venue for competitions

# 1. Meeting of coaches Concert for participants

District Culture House "Čupčigur". Located in the Centre of s. Debyesy (Sovetskaya str., 90).

Director: Tatyana Pavlovna Burundukova.

Phone: (34151) 2-18-35.

#### 2. Catering

Official dinner trainers, representatives, members of the Organizing Committee (13.08)

Central dining room (Café).

Located opposite the District Culture House "Čupčigur" (Soviet).

### 3. Disco for parties (13.08)

The square in front of the Regional House of culture "Čupčigur".







### Safety and health

### 1. Security

Responsible: Valery Pavlovich Lekomtsev, head of the Department of the Interior on Debyesskij district. Phone: 8-950-174-57-30.

From 12 to 14 August is monitored and order in places of residence;

12 August, the police staffs in place of the competition.

#### 2. Medical support

Debesskaâ regional hospital provides medical Brigade for duty at the time of the events on the ground.

Responsible: Peter V. Osotov, chief doctor. The hospital is situated in the immediate vicinity of the venues.

### 3. Doping control

Doping controls are RusADA.